



Kit List - BCU 1* (Kayak & Canoe)

Personal kit

- 1) Sleeping bag
- 2) Camp bed or ground mat (advisable as cadets will be sleeping on the floor)
- 3) Night wear
- 4) Wash kit & Towel
- 5) Plate, Bowl, Mug
- 6) Knife, fork, spoon
- 7) Civilian clothes for the evening
- 8) Change of underwear
- 9) Tea Towel

Canoeing Kit

- 10) Wet suit (if owned, recommended for this course)
- 11) T shirts (x3)
- 12) Thin sweat shirt or track suit top (x3)
- 13) Track suit trousers (x3)
- 14) Under wear and socks (x3)
- 15) Cagoule or watersports cag
- 16) Water proof trousers (if owned)
- 17) Trainers or wet suit boots (Must not be high leg boot type trainers)
- 18) Base ball cap and string to attach it to buoyancy aid* Very Important *
- 19) Buoyancy aid (from your unit). If possible, bring a NON MoD buoyancy aid.
- 20) Additional small towel

General Kit

- 21) Small bag to carry kit to river
- 22) Bin liners for wet kit
- 23) Sun tan cream
- 24) T1 (Parents consent form) **CADETS WITHOUT ONE WILL BE SENT HOME**
- 25) Course fee £10 – if not already paid – Cheques payable to 'A. Pearce'

Notes

- Cadets will get wet so bring enough clothing to be able to change into dry items for the evening
- If you own a wet suit, some of the canoeing kit may be eliminated as appropriate
- The weather may be hot or cold so pack with this in mind
- Travel in civvies, uniform is not required
- Cadets with special diets should remind galley staff on arrival (you **MUST** also let us know beforehand. Contact C.P.O Annabella Pearce on 023 80 904301 answer phone fitted)